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Welcome Message

Welcome to our inaugural GOLD Obstetrics conference! We are thrilled to have you join us as we add to the growing family of maternal child health care conferences hosted by GOLD Learning Online Education. For GOLD Obstetrics 2019 we have a special focus on clinical obstetrics and prenatal care. Skilled and compassionate care during the vulnerable period of birth changes lives. Our expert speakers will be exploring some of the latest research, clinical skills, new ideas and hot topics in the world of obstetrics.

GOLD is a unique online learning experience that provides easy access to education from experts around the globe without the need to take time away from work, clients and family. Listen to presentations live or recorded, interact with speakers during live Q&A sessions or in our forums and interact with friends and colleagues, both old and new in our GOLD community.

We look forward to learning and sharing with you!

The GOLD Learning Family

Fleur Bickford  
BSC, RN, IBCLC  
Director of Educational Programming

Fiona Lang-Sharpe  
IBCLC, NAMCW  
Director of Communication & Master of Ceremonies
Important Dates

September 26, 2019
Early Bird Registration Opens

November 1, 2019
Early Bird Registration Ends

November 2, 2019
Regular Registration Begins

November 4 & 18, 2019
GOLD Obstetrics 2019 Live Keynote Days

January 15, 2020
Registration Closes

January 31, 2020
End of Conference- Final Day to View Recordings*

February 21, 2020
Final Day to Download Certificates

*GOLD Annual Members will have an additional 3 weeks of viewing time (Until February 21st, 2020)

7 Great Reasons to Attend GOLD Obstetrics 2019

1. Informative!
   Access 11.5 Hours of the latest, evidence-based maternal child health research, clinical skills, case-studies, cultural experiences & industry initiatives.

2. Convenient!
   Watch in your pyjamas! Access presentations for a full 12 weeks as many times as you like! No travel, hotels or time away from clients and loved ones.

3. Economical!
   Under $12 USD per Educational Hour! At GOLD our goal is to make education financially accessible for all. Discounts available for Students, Volunteers, Groups, Associations & Institutions.

4. Group & Association Rewards!
   Register as a group and continue the conversation offline! New incentives for Group Coordinators & their members now available. Associations are eligible for exclusive membership discounts + ask us about our Get 10, Give 10 Association rebate program.

5. International!
   Join a growing GOLD Community! Over 3200+ Delegates from 80 Countries attended our conference in 2019.

6. Interactive!
   Participate in Online Chats, Live Question & Answer sessions, and Speaker Moderated Forums.

7. Accredited!
   11.5 AAFP CME credits approved via the American Academy of Family Physicians (AAFP).
Welcome to the GOLD Obstetrics Online Conference! This annual conference is the most recent addition to a family of conferences focused on maternal child health and hosted by GOLD Learning Online Education. GOLD Learning has been hosting online conferences and other events since 2007 and reaches over 3200 delegates from 80 countries around the world every year. Bringing together high-calibre speakers from around the world, GOLD Conferences are an affordable and convenient way to continue your education and stay up to date on the latest in clinical practice.

Our goal with our conferences is to help bridge the gap between established protocols and practices and the rapid growth of new research. Join us during the live days of the conference to interact in real time with the speakers and your fellow delegates and watch the recordings as many times as you want! With the recordings you can pause, rewind or fast forward to allow you to make notes or re-watch certain sections of a presentation, allowing you to learn at your own pace. You can also interact with speakers and ask questions in our moderated online forums.

Our online conferences provide a wide variety of continuing education for doctors, nurses, lactation consultants, midwives, dieticians, doulas, peer support workers and others providing care to families during the perinatal period. Delegates are able to collect educational hours when watching our conference presentations and download one or more CME credit certificates. We’re here to help YOU meet your continuing education needs!

About GOLD Obstetrics

Education Planning & Delivery Committee

Fleur Bickford  
BSC, RN, IBCLC  
Director of Educational Programming

Isabel Da Costa  
Event Manager

Fiona Lang-Sharpe  
IBCLC, NAMCW  
Director of Communication & Master of Ceremonies

Nina Adrianna  
Accreditation Manager

Kristin Schwarz  
LM, Master of Ceremonies

Jessica Lamb-Brown  
Conference Administrator, Technical Support

Caoimhe McGee  
Customer Service Associate, Technical Support

Professional Advisory Committee

Along with the Program Director, the GOLD Professional Advisory Committee is responsible for the review and selection of the conference presentations.

Amit K. Bhavsar  
MD, FACOG  
Program Chair

Anne Eglash  
MD, IBCLC, FABM  
Physician Reviewer

Conflict of Interest Statement

GOLD Obstetrics Online Conference is proud to be one of the only continuing education events that is WHO Code compliant! As such, we do not accept sponsorship or advertising from any manufacturer, organization or company that is deemed to be in violation of the World Health Organization’s International Code on Marketing of Breast Milk Substitutes. As well, we require our Speakers to sign an agreement stating their knowledge of and compliance with the WHO Code.
Medical Center in Boston, Dr. Shah cares for patients at critical life moments that range from childbirth to primary care to surgery. As a scientist and social entrepreneur, he is a globally recognized expert in designing, testing, and spreading solutions that improve healthcare.

Dr. Shah is listed among the “40 smartest people in health care” by the Becker’s Hospital Review, and has been profiled by the New York Times, CNN, and other outlets. He is senior author of the book Understanding Value-Based Healthcare (McGraw-Hill), which Don Berwick has called “an instant classic” and Atul Gawande called “a masterful primer for all clinicians.” Prior to joining the Harvard faculty, Dr. Shah founded Costs of Care, a global NGO that curates insights from clinicians to help delivery systems provide better care. In 2017, Dr. Shah co-founded the March for Moms Association, a coalition of 20 leading organizations, to increase public and private investment in the wellbeing of mothers.

**Growing A Family With Dignity - 75 minutes**

For the last five years, Harvard professor and ob/gyn Dr. Neel Shah has led an effort to research and define the causes of a startling set of trends that have made having a baby increasingly risky, isolating, and disempowering for so many American mothers. As a physician, scientist, and activist, he has gained deep insight into the current state of maternal health from a broad cross-section of actors: mothers and their partners, midwives and doulas, anesthetists and fellow surgeons, policymakers and activists. The solutions, he realized, require not only change from within the system, but also a reshaping of the public understanding of what women and their families should expect. Historically, survival has been the goal of childbirth. But in 2019, we believe mothers and their families should and can expect more. He will describe what it would mean for every person to be able to start or grow a family with dignity, the existing gaps and the solutions to achieving this vision.

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**Wendy Jones PhD MRPharmS**

In her employed life Wendy Jones was a community pharmacist and also worked in doctor surgeries supporting cost effective, evidence-based prescribing.

Wendy left paid work to concentrate on writing Breastfeeding and Medication (Routledge 2nd edition 2018), developing information and training material on drugs in breastmilk as well as setting up her own website www.breastfeeding-and-medications.com. She has also published Breastfeeding for Dads and Grandmas (Praeclarus Press) and Why Mothers Medication Matters (Pinter and Martin). She is also co-editor of a book to be published January 2020 called A guide to breastfeeding for medical professionals (Routledge).

Wendy is known for her work on providing a service on the compatibility of drugs in breastmilk and has been a breastfeeding peer supporter for 30 years. She is passionate that breastfeeding should be valued by all and that medication should not be a barrier. She has 3 daughters and 5 grandchildren. All her family seem as passionate about breastfeeding as she is and currently all 3 of her daughters are breastfeeding.

She was awarded a Points of Light award by the Prime Minister in 2018 and nominated for an MBE in the New Year’s Honours List 2018 for services to mothers and babies. She received her award at Windsor Castle in May 2019 from Her Majesty the Queen.

**Breastfeeding and Medication. Are They Compatible? - 75 minutes**

Many women now enter pregnancy with chronic medical or mental illness and are taking a variety of medications. The obstetrician and gynaecologist are expected to know whether these drugs are compatible with breastfeeding. We know that readily available sources almost invariably suggest that safety data is limited or non-existent whilst specialist texts have information which supports pharmacokinetic understanding of the passage of drugs through breastmilk to the baby. In this presentation we will refresh understanding of pharmacokinetics and examine some chronic conditions which may be encountered in practice.
Andrew Shennan  OBE, MBBS, FRCOG, MD

Andrew Shennan is Professor of Obstetrics at King’s College London, based at St. Thomas’ Hospital and is Clinical Director of South London Clinical Research Network. He sits on the UK HTA commissioning board.

He specialises in clinical trials in antenatal and intrapartum care.

His research interests include interventions to predict and prevent preterm birth, pre-eclampsia, global health and the use of blood pressure monitoring. He has published over 500 peer reviewed research reports (H index >45 RG score >50). Current research funding as applicant/co applicant is £32 million in 17 grants.

He has an active clinical role in managing high risk obstetric patients, including a regular hands-on labour ward commitment, and a specialist preterm birth surveillance clinic (award winning 2013/2015/2016 innovations prize) that accepts national and international referrals. He is the recipient of the international 2017 Newton Prize (£200,000) for excellence in research and innovation in support of economic development and social welfare in low and middle-income countries. He was awarded an OBE in 2018 for services to maternity care.

Advances in Managing Pre-eclampsia: A Global Imperative - 60 min

The management of pre-clampsia is based around accurate detection of risk, targetting of prophylactic therapies and then prompt intervention. Most deaths occur in low and middle income countries, but when well managed maternal deaths are very rare. The judicious use of prophylactic aspirin, and the subsequent detection of those at risk are key to success. This allows timely delivery while managing women in a safe environment with prompt access to anti hypertensive medication and anticonvulsants such as Magnesium Sulphate. This talk will discuss the evidence base around new angiogenic markers to identify risk, the use of aspirin and the need for effective monitoring in a global setting. The role of early delivery will also be elucidated.

Anita Nelson  MD

Dr. Anita L. Nelson is currently Professor and Chair, Obstetrics and Gynecology Western University Health Sciences; Professor Emeritus, Obstetrics and Gynecology at David Geffen School of Medicine at UCLA; Clinical Professor Obstetrics and Gynecology at Keck School of Medicine of USC; and Medical Director of the Research Division of Essential Access Health.

Her research includes contraception, abnormal bleeding, gynecologic infection and menopause. She has authored over 200 articles for professional journals and over 70 chapters and several books, including being a senior author of Contraceptive Technology. She has conducted over $60 million of research in women’s care for NIH, Gates Foundation and pharmaceutical companies.

Update on Postpartum Contraception: How Evidence Informs Practice - 60 min

The postpartum period has now been recognized as the fourth stage of labor with immediate and longer-term issues. Major changes have been made in both the timing and content of postpartum care. One of the most notable changes is the growing practice of initiating contraception (especially IUDs, implants and injections) prior to discharging the new mother home. These practices have recognized evidence supporting their safety, even in women who plan to exclusively breastfeed (US MEC, SPR, etc.) and in many states, funding is available through Medicaid programs. This presentation will summarize these new best practices and discuss the impacts they may have on the content of prenatal care too.

David E. Abel  MD

Dr. David Abel is a perinatologist that serves an underserved population in the central and southern San Joaquin Valley of California. I have a passion for education, and teach regularly at the annual American College of Ob/Gyn meeting as well as other venues. He is actively involved in teaching medical students, residents and maternal-fetal medicine fellows at the University of California San Francisco. In addition, he is chairperson of the Society of Maternal-Fetal Medicine’s Education Committee, ultrasound subcommittee.
He earned his medical degree from the State University of New York Health Sciences Center. He then went on to complete residency in Obstetrics and Gynecology at Maine Medical Center. His fellowship in Maternal-Fetal Medicine was completed at Duke University Medical Center.

His interests include prenatal diagnosis/genetics, ultrasound, fetal echocardiography, preconception counseling, cardiac disease during pregnancy, maternal mortality and anticoagulation in pregnancy. He is a fellow of both the American College of Obstetricians and Gynecologists and the Society for Maternal-Fetal Medicine and a chairperson of the Society of Maternal-Fetal Medicine Education Committee, Ultrasound Section. His hobbies include making jam, collecting rock music criticism books and hiking in the desert.

**Maternal Cardiac Disease During Pregnancy Made Simple - 60 min**

Cardiovascular disease is the leading cause of maternal mortality in the United States. For clinicians caring for women of reproductive age, it is important to become familiar with the physiologic changes during pregnancy and how they can potentially worsen certain cardiac conditions. In many cases, providers are not aware of a patient’s condition, or incorrectly assume there are no residual deficits. For those that do not care for pregnant women, having a working knowledge of this topic is necessary to optimize pregnancy outcomes, as there are opportunities for assessment and management prior to conception. This discussion will focus on the physiologic changes during pregnancy and the potential impact on those with cardiac disease, and highlight important points with respect to specific cardiac lesions as it pertains to management prior to and during pregnancy.

**Exercise During Pregnancy: What Do I Tell My Pregnant Client? - 60 min**

The importance of physical activity among women of childbearing age will be discussed as physical inactivity during pregnancy and postpartum may be one potential pathway for disease development by excessive pregnancy weight gain and postpartum weight retention. The robust link between the fetal environment and the long-term influence on health and future chronic disease in the offspring will be characterized by discussion of the Developmental Origins of Health and Disease (DOHaD). With this background, participants will be able to promote a healthy lifestyle for their clients by understanding the effects of physical activity for pregnant women and to help women exercise safely and be more active by using the new 2019 Canadian Guideline for Physical Activity throughout Pregnancy (https://csepguidelines.ca/guidelines-for-pregnancy/) and the PARmed-X for Pregnancy; (http://www.csep.ca/CMFiles/publications/parg/parmed-xpreg.pdf). The PARmed-X for pregnancy is a tool for medical screening before beginning or continuing an exercise program. Educating pregnant women and providing them with healthy lifestyle information and health promotion may help reduce the risk of chronic disease for both mom and baby. Healthy moms = healthy babies!

**Michelle Mottola PhD, FACSM**

Dr. Mottola is a Professor with a Joint Position in the School of Kinesiology, Faculty of Health Sciences and the Dept. of Anatomy and Cell Biology in the Schulich School of Medicine and Dentistry at the University of Western Ontario, London, Canada. She is the Director of the R. Samuel McLaughlin Foundation – Exercise and Pregnancy Laboratory (www.uwo.ca/fhs/EPL), a Scientist of the Children’s Health Research Institute and a Fellow and a Board of Trustees Member of the American College of Sports Medicine. She is an embryologist and exercise physiologist who has conducted research on the effects of maternal exercise on both the mother and the developing fetus, with follow up into the postpartum period. She is co-lead author on the 2019 Canadian Guideline for Physical Activity throughout Pregnancy which was based on rigorous evaluation of the current scientific literature through 12 systematic reviews published in the British Journal of Sports Medicine. She has received over $2.5 million for research on exercise during pregnancy and has published over 100 peer-reviewed papers. Her current research focuses on the impact of a healthy lifestyle during pregnancy on chronic disease risks such as obesity, diabetes and cardiovascular disease for both mother and her offspring.

**Pamela Berens MD, FACOG, FABM, IBCLC**

Dr. Berens received her medical degree from the University of Minnesota and completed her residency in Obstetrics and Gynecology at the University of Texas, Houston where she subsequently joined the faculty. She serves as Professor and Vice-Chair of Clinical Affairs at the McGovern Medical School at UTHealth and Chief of Service at the Lyndon B Johnson Hospital. She has an active clinical practice and teaches medical student and residents. In her role as an IBCLC she sees mothers referred for consultation with difficult breastfeeding complications. Her area of academic and educational focus surrounds pregnancy and postpartum care, breastfeeding and...
breastfeeding complications. She is active in the Academy of Breastfeeding Medicine previously serving as a board member, meeting co-chair and contributing author for 3 separate ABM protocols. She has participated in various research projects related to breastfeeding. She is active in outreach multidisciplinary breastfeeding education across the state of Texas with the Texas Department of State Health Services. She served as a physician co-leader for the National Institute for Children’s Health Quality Texas Breastfeeding Learning Collaborative encouraging hospitals and providers to incorporate Baby Friendly Hospital Practices. She participates with the ACOG Breastfeeding Expert Work Group and assists with their various endeavors to promote breastfeeding and educate Obstetricians further about the topic. She has written book chapters and published research on breastfeeding topics primarily relating to the maternal perspective and maternal breastfeeding complications.

Making Cesarean Delivery Family Focused - 60 min

Cesarean Birth may not be the anticipated birth that the family is initially planning for. When cesarean birth becomes the chosen way for delivery (due to prior cesarean birth or medical indications), how can we better prepare to make that birth meet the expectant family’s needs. This lecture will focus on strategies to better meet the needs of the expectant mother who is undergoing a cesarean birth. Available evidence will be reviewed when applicable. Topics discussed will include preparations from the staff and facility perspective, planning pain relief strategies, operative techniques, delayed cord clamping, skin to skin contact, early breastfeeding initiation and other practical considerations. Potential obstacles will also be discussed in addition to suggestions for overcoming them.

Raja Gangopadhyay MBBS MD DFFP MRCOG

Cert Medical Education

Dr Raja Gangopadhyay is a Consultant Obstetrician & Gynaecologist at the West Hertfordshire Hospitals NHS Trust, UK, with a special interest in Perinatal Mental Health (PMH) and a Visiting Lecturer at the University of Hertfordshire (UK). In conjunction with his multidisciplinary team, Raja has been championing joint approaches to perinatal mental health that take into account infant mental health. Raja is a well-known Trainer in PMH and organises teaching, training and Conference for Obstetricians, Midwives, GP and other healthcare professionals. He is a renowned speaker and has been invited to speak at many National and International events. He obtained a Certificate in Medical Education from the University of Bedfordshire, UK. He has been invited to House of Lords meeting as a member of the Expert panel and organised and chaired events at the House of Commons (UK Parliament). He has been invited to many media interviews (Radio/Television) and views/opinions have been quoted in many leading UK newspapers. He is the Founder of the International Forum for Wellbeing In Pregnancy (IFWIP): a unique initiative to raise awareness of mental wellbeing during pregnancy from a global perspective (www.ifwip.org).

The Importance of Addressing Mental Health & Wellbeing During Pregnancy - 60 min

The presentation will start with the global statistics of mental health conditions during pregnancy and the economic cost to health and social care. Then the impact of stress and mental health problems during pregnancy will be discussed with an outline of ‘Foetal Programming’. Subsequently, the practical aspects of care of Perinatal Mental Health conditions will be elaborated with a focus on screening, Care Planning, use of medication during pregnancy and breastfeeding. An outline of the concept of wellbeing will be discussed with lifestyle modification and stress management strategies (NURTURE Approach). Links to further reading and Resources will be provided.

Sarosh Rana MD

Dr. Rana cares for women with high-risk pregnancies and is an expert in the diagnosis and management of preeclampsia — a condition characterized by high blood pressure during pregnancy. Dr. Rana aims to improve maternal and fetal outcomes through use of systematic evidence based management protocols and research on preeclampsia. Her research over the last several years has focused on demonstrating clinical utility for angiogenic biomarkers in prediction of adverse outcomes among women with preeclampsia. Dr. Rana performs collaborative research evaluating the relationships between increased levels of angiogenic factors and immediate, as well as future, cardiovascular dysfunction. A dedicated teacher, Dr. Rana trains residents and fellows on the use of ultrasound imaging, as well as the management of women with complex pregnancies.

Angiogenic Factors and Preeclampsia - 60 min

Hypertensive disorders of pregnancy—chronic hypertension, gestational hypertension, and preeclampsia—are uniquely challenging as the pathology and its therapeutic management simultaneously affect mother and fetus, sometimes putting their well-being at odds with each other. Preeclampsia, in particular, is one of the most feared complications of pregnancy. Often presenting as new-onset hypertension and proteinuria...
during the third trimester, preeclampsia can progress rapidly to serious complications, including death of both mother and fetus. While the cause of preeclampsia is still debated, clinical and pathological studies suggest that the placenta is central to the pathogenesis of this syndrome. In this talk, we will discuss the current evidence for the role of abnormal placentation and the role of placental factors such as the antiangiogenic factor, sFLT1 (soluble fms-like tyrosine kinase 1) in the pathogenesis of the maternal syndrome of preeclampsia. We will discuss angiogenic biomarker assays for disease-risk stratification and for the development of therapeutic strategies targeting the angiogenic pathway.

Shania Seibles DO, JD

Shania J. Seibles, DO, JD is a Maternal Fetal Medicine specialist currently living and working in Columbus, GA. She completed a combined DO/JD program with the University of Medicine and Dentistry of New Jersey and Rutgers School of Law - Camden, in 2010. She completed an internship through Virginia College of Osteopathic Medicine in 2011, residency in Obstetrics and Gynecology and fellowship in Maternal Fetal Medicine with Michigan State University College of Osteopathic Medicine in 2015 and 2018, respectively. Dr. Seibles has special interests in medico-aspects of obstetric practice including contracts, medical malpractice, and ethical dilemmas.

Medical Malpractice for the Obstetrician-Gynecologist - 60 min

Part 1: Review the basics of medical malpractice, including the four components of medical liability (duty, breach of duty, causation, and damages). Part 2: Discuss informed consent, as an ethical concept containing both comprehension and free consent. Part 3: Discuss the importance of adequate documentation, including the nuances of the electronic medical record. Part 4: Review the most common clinical situations that result in medical liability for the obstetrician-gynecologist.

Theresa Nesbitt RN, MD

Theresa Nesbitt, RN MD (“Dr. Theresa”) is an Obstetrician-Gynecologist with special training in Maternal Fetal Medicine. Her interests these days lie in promoting lifelong wellness for women with a focus on nutrition, reproductive health and breastfeeding. She is the Director of Family Health Coaching, editor of Babies and Breastfeeding Magazine and author of Evolutionary Eating: How We Got Fat and 7 Simple Fixes. She anticipates publication of her newest book Building a Baby Brain Bite by Bite - How to Eat Before, During and After Pregnancy next year. Her interest in brain growth and development, nutrition and developmental kinesiology have helped her to look at placentation, lactation and nutrition for reproductive fitness through a new lens.

Building a Baby Bite by Bite - 60 min

What does it take to build a baby brain from scratch? This presentation focuses on fertility, pregnancy, placentation and lactation - and the role nutrients and toxins play in optimizing fetal brain growth and development. Facts and Fictions including prenatal vitamins, omega 3 fatty acids and “avoidance foods” will be discussed.
Conference Add-ons

Breech Birth Lecture Pack 5 Hours

The climate of vaginal breech birth is changing as more families push to have it available as an option. Professional organizations are also starting to change their stance on breech presentation meaning an automatic C-section. This special package brings together leading experts in the field to share their knowledge, wisdom and experience of helping families to safely experience the vaginal birth of their breech babies.

Heads-Up Not Hands-Up: The Unexpected Breech Birth
Andrew Kotaska MD, FRCS(C) - 60 minutes

Illustrating Breech Complications
Gail Tully BS, CPM, CD(DONA) - 60 minutes

Understanding the Mechanisms as the Key to Safe Breech Birth
Shawn Walker RM, PhD - 60 minutes

Using Research to Improve the Way We Teach and Learn Vaginal Breech Birth
Shawn Walker RM, PhD - 60 minutes

The Home Breech Option, Proper Selection & Technique
Stuart Fischbein MD, FACOG - 60 minutes

Mental Health in the Perinatal Period Lecture Pack 6 Hours

Mental health of parents is crucial to the growth of a healthy child, healthy family and healthy society. Learn more about supporting the transition to parenthood in a way that promotes mental well-being during this vulnerable time. With presentations on the identification, prevention and treatment of perinatal mental health issues, the importance of fathers’ mental health, the impact of postpartum depression on parenting, managing mental illness in pregnancy, anxiety in the perinatal period, and helping families heal from birth trauma, this package is your opportunity to dive in and expand your knowledge and skills.

Perinatal Mental Health: Identification, Prevention, and Treatment
Cindy-Lee Dennis PhD - 60 minutes

Managing Mental Illness in Pregnancy
Jayashri Kulkarni Professor - 60 minutes

“It Was Right but so Wrong:” Helping Families Make Sense of Difficult Births with Trauma Sensitive and Prenatal and Perinatal Healing Approaches
Nicola Singletary MA, LMT, RCST®, CEIM, SEP - 60 minutes

The Importance of Fathers’ Mental Health
Dr. Jane Hanley PhD, RGN, RMN, Dip HV, Dip Couns FRSPH & Mark Williams - 60 minutes

Anxiety and Related Disorders During Pregnancy and Postpartum
Melanie Badali PhD, RPsych, CACBT-ACTCC Certified in Cognitive Behaviour Therapy - 60 minutes

Impact of Paternal and Maternal Postpartum Depression on Parenting Behaviors and Infant/Child Outcomes
Sheehan David Fisher PhD - 60 minutes
Extend your conference experience with the GOLD Annual Membership. Benefits of Annual Membership Include:

- 3 weeks viewing extension on Conferences!
- Access to the Conference for a full 10 weeks!
- 10% Discount on ALL GOLD Conferences & Events
- Log in anywhere, anytime, 365/24/7!
- No more lost Certificates!
- Print Receipts any time!

Cost
USD $50 for Country Category A
USD $25 for Country Category B
USD $15 for Country Category C&D

Available for purchase at anytime. 10% Discount will automatically be applied when purchased with conference registration.
Registration

Start a Group & SAVE!
Gather 10 or more colleagues and register as a group to receive even more discounts! Visit our Group Coordinator Tools page to learn more.

Learn more here

Payment
Registration can be completed via Credit Card (Visa, Mastercard), Cheque, Bank Transfer or Wire Transfer. Cheque, bank transfer & wire transfer options will incur an additional $20 processing fee and access to the conference will be made available once the payment comes in. Credit card payments receive immediate access to the Delegates Area.

Groups
Receive a discount when you register as a group of 10 or more individuals. We ask one person to coordinate the registration information and payment for all the members and submit as a single payment during group registration. Become a Group Coordinator to enjoy perks!

Group Payment Options
To complete your group registration via a credit card, full group payment will be required. For alternate payment options, we ask if you could send a combined transaction total for your group.

Institutional License
For Hospitals, schools and other qualifying institutions of 30 or more seats, please contact us for institutional pricing.

Registration Categories
As an international conference, we are sensitive to the fact that not all countries are economically equal. As breastfeeding advocates we recognise that people in these countries generally have the most need for this information and limited resources, which is why in addition to our standard registration options, this year we are offering a special registration fee for residents from countries that fall in Cat. B, C & D. The Categories are based of the World Bank Data. Please view our Reduced Rate Terms. Proof of residency may be required.

Start a Group & SAVE!
Gather 10 or more colleagues and register as a group to receive even more discounts! Visit our Group Coordinator Tools page to learn more.

Learn more here

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*Group, Institutional, Student & Country Discounts Available

Category A
Andorra, Antigua and Barbuda, Aruba, Australia, Austria, Bahamas, Bahrain, Barbados, Belgium, Bermuda, British Virgin Islands, Brunei Darussalam, Canada, Cayman Islands, Channel Islands, Chile, Curacao, Cyprus, Czech Republic, Denmark, Estonia, Faroe Islands, Finland, France, French Polynesia, Germany, Gibraltar, Greece, Greenland, Guam, Hong Kong, Hungary, Iceland, Ireland, Isle of Man, Israel, Italy, Japan, Rep. Korea, Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macao, Malta, Monaco, Netherlands, New Caledonia, New Zealand, Northern Mariana Islands, Norway, Oman, Palau, Poland, Portugal, Qatar, San Marino, Saudi Arabia, Seychelles, Singapore, Saint Maarten (Dutch part), Slovak Republic, Slovenia, Spain, St. Kitts and Nevis, St. Martin (French part), Sweden, Switzerland, Taiwan, Trinidad and Tobago, Turks and Caicos Islands, United Arab Emirates, United Kingdom, United States, Uruguay, Virgin Islands (U.S.).

Category B
Albania, Algeria, American Samoa, Argentina, Azerbaijan, Belgium, Belize, Botswana, Brazil, Bulgaria, China, Colombia, Costa Rica, Croatia, Cuba, Dominica, Dominican Republic, Ecuador, Equatorial Guinea, Fiji, Gabon, Grenada, Guyana, Iran, Islamic Rep., Iraq, Jamaica, Kazakhstan, Lebanon, Libya, FYR Macedonia, Malaysia, Maldives, Marshall Islands, Mauritius, Mexico, Montenegro, Namibia, Nauru, Panama, Paraguay, Peru, Romania, Russian Federation, Samoa, Serbia, South Africa, St. Lucia, St. Vincent and the Grenadines, Suriname, Thailand, Tonga, Turkey, Turkmenistan, Tuvalu, RB Venezuela.

Category C

Category D
How GOLD Works

The 2019 GOLD Obstetrics Conference kicks off on November 4, 2019 with our Free Live Keynote Presentation and is followed by a series of Pre-recorded Presentations becoming available throughout the month of November for unlimited access until the end of the conference. Each Live Keynote Days consists of Live Speaker Presentations followed by a Question & Answer Session after each presentation. Live Day's convenient presentation times fit a range of international timezones.

Each presentation recording is made available in the Delegates Area at the end of each scheduled day. Conference Attendees will have until January 31, 2020 to watch as many presentations as they like. Those with GOLD Annual Membership will have until February 21, 2020.

1. Registration

Early Bird Registration for the Conference opens on September 26, 2019. Registration is very easy and only takes a few minutes to complete. In addition to the discounted early bird rate for individual Delegates, there are additional discount savings for groups and those from certain Countries.

- **Early Bird Registration Opens:** September 26, 2019
- **Regular Registration Opens:** November 2, 2019
- **Final Day for Registration:** January 15, 2020

2. The Delegate Area

After Registration, you will be sent login details that will give you access to the Conference Delegates Area. From this page, your GOLD Experience begins!

- **Print Custom Live Presentation Schedule**
- **Access Live Keynote & Recorded Presentations**
- **Download Certificates**
- **Interact on Forums & More!**

3. View Presentations

Viewing Presentations is easy with our Virtual Meeting Rooms! All you need is a computer & an internet connection. Watch Presentations LIVE or view the Recordings the following day.

- **Live Speaker Question & Answer Session**
- **Presentation Handouts for making notes**
- **Start & Stop & Re-watch Recordings**
- **8 WEEKS+ Viewing Time. At your own Pace**

4. Verify Attendance

After each presentation, simply check off your attendance on our Attendance Record page. Once all complete, submit your final attendance record to unlock your Conference Certificate.

5. Download Certificate

Easily Download / Print your Certificate of Attendance which is automatically generated based on your Attendance Record. Receive individual certificates.
Continuing Education Credits

For our GOLD Obstetrics 2019 Conference, we'll be offering 11.5 hours of continuing education for the main conference. The following credits have been applied for:

CMEs - Continuing Medical Education

This Enduring Material activity, GOLD Obstetrics 2019, has been reviewed and is acceptable for credit by the American Academy of Family Physicians. Term of approval begins 11/04/2019. Term of approval is for one year from this date. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Applicable to physicians, nurses, some midwives, and doulas/childbirth educators and anyone that require AAFP CME credits. This activity is approved for 11.5 AAFP Prescribed/Elective credits.

GOLD Obstetrics 2019 Add-on Lecture Packs
Continuing Medical Education Credits have been approved for the Breech Birth Lecture Pack (5 CME hours) and the Mental Health in the Perinatal Period Lecture Pack (6 CME hours).

Please visit our Continuing Education page for the most current information on approved continuing education credits and a list of instructional hours.

Technical Information

You're never alone! Our GOLD Technical Staff will provide online technical support for you during the Conference.

The GOLD virtual meeting room is accessible by all desktop computers as well as most modern mobile devices (You will be required to download an APP). You will be able to access the conference from anywhere, as long as you have an Internet connection.

Our team is based in beautiful Vancouver, Canada, and is happy to help you with any question or concern you have. We're available via phone or email, and during the live presentations we are on live chat. We looking forward to ‘meeting’ you online!

Contact Information

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